

IT'S MORE THAN JUST A JOB PROGRAM

Success in job searching is more than about just finding a job, it's about preparing for the most suitable role and having the skills to be successful in that role and organisation.

Our programs are results-orientated and evidence-based, based on positive psychology, strengths-based methodologies. We aim to build skills and confidence of participants to give them the best chance of success.

PILLAR 1: JOB SUITABILITY TESTING

Using contemporary evidence-based psychometric testing, we guide participants to make decisions on areas of interest and suitability.

- Psychometric testing with detailed report.
- Strengths-based debrief to work through feedback.
- Awareness of employment suitability areas and interest areas.
- Current job market in suitability areas.

PILLAR 2: TRAINING WORKSHOPS

Practical skills to support the job search process.

- Using social media to support the job search process.
- Applying for jobs – preparing CV and cover letters.
- Job interview skills – behavioural interviews, dress and grooming, interview etiquette.
- Application follow up.

PILLAR 3: INDIVIDUAL STRENGTHS COACHING

Individual coaching sessions to give one-on-one support and focus on tailored solutions to address individual needs.

- Strengths coaching to raise awareness of strengths and how to use them.
- Addressing individual concerns.
- Self-awareness and emotional intelligence.
- Motivation for sustained behavior change.

Pillar 4: Follow up support

To ensure success post-employment, support offered to participants includes:

- Successfully transitioning into the workplace.
- Navigating workplace dynamics and culture.
- Managing stress & building resilience.
- Building positive workplace relationships.